



CS17a Behaviour of Concern



What is a policy?



A **policy** is a list of rules for Ark workers.

These are the rules about how we will help you to be safe if you have **behaviour of concern**. This means if you do things to hurt yourself or other people.

Who are these rules for?



All Ark support staff need to follow these rules. Their manager will make sure they are following them.

What is behaviour of concern?



If you hurt yourself or other people a lot, we call this **behaviour of concern**. Concern is another word for worry.

It is a worry because it can stop you from living a good life.



These are some things that might be behaviour of concern:

- Eating things that are not food
- Biting people
- Breaking your furniture
- Not wanting to go out at all



Other things can be behaviour of concern too. The main thing we need to think about is:

Is acting like this stopping you from doing things or having friends?

How can we help with behaviour of concern?



We will use **positive behaviour support**. This gets called PBS for short.

It is a good way of helping people with behaviour.



First, we need to understand why you are doing the behaviour. Behaviour of concern usually happens because you need something.



Then, we need to think of ways to help.

It might be that we can help you learn a new behaviour to do instead.

It might be that we can help take your mind off the behaviour.

How can we help with behaviour of concern?



We will have a meeting with you, your family and any other people who help you.



At the meeting, we will all talk about when the behaviour happens and why you are doing it. Everyone at the meeting will agree the things we should do to help you.



We will write this down on the computer or tablet in a **positive behaviour support plan** in AIMS.

Your rights



You have a right to make choices about your own life.



The law says we need to make sure you are safe from harm.

Sometimes, to help you with behaviour of concern, some of your choices might be taken away. This will only happen if the law says we can and it is the only way to help.



An example might be if you need **restraint**. This means when your staff hold you safely so you can not hurt yourself. This takes away your choice to hurt yourself, but it is a very good reason for that choice to be taken away.

Reviews



We will check the plan every 6 months. This is called a **review**. It is a meeting with you, us and other people who help you.



Maybe there are new worries, or maybe there are behaviours of concern that do not happen anymore. We will agree what changes to make to the plan.

How will workers know what to do?



When people work for Ark, they get training.

They will learn about how to help you with behaviour of concern.

They can only help you with restraint if they get special training.

They have to read these rules to help them understand.

When do we check these rules?



These rules last for 3 years.

They were agreed in July 2024.

We will check them in July 2027.